

This writing is motivated by a decade of professional training experience and three decades of human experience and personal study. I have learned, often the hard way, that no single quality is more valuable than skilled communication. Without it, we cannot meet the needs of others, ask to have ours met, or develop any sort of meaningful connection. Everything we hope to accomplish hinges on our ability to successfully communicate with those around us.

I believe that communication is the pathway to deep and lasting relationship, and my desire is for this book to offer you a concise education and practical, easy-to-use methods for developing your own skill as a communicator.



In 1997, motivated by the loss of my great-grandmother, I began my personal pursuit of health and longevity. Over a decade later I landed my first job as a Personal Trainer and I never looked back!

In 2014, I founded [www.beasyoubelieve.com](http://www.beasyoubelieve.com) as a "one-stop-shop" resource and community for all things personal development. Through my website and my affiliation with IDLife, LLC, I strive every day to fulfill my personal mission "to inspire in others the desire to fulfill their potential and the confidence in their ability to achieve it."

I believe that you are meant to contribute something incredible and unique to the world, and, even if no one else does, I believe in you.

I can be reached, for any reason, at [beasyoubelieve@gmail.com](mailto:beasyoubelieve@gmail.com).



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## Simple Conversation: A Guide to Communication, Making Connections, and How to Improve Communication Skills

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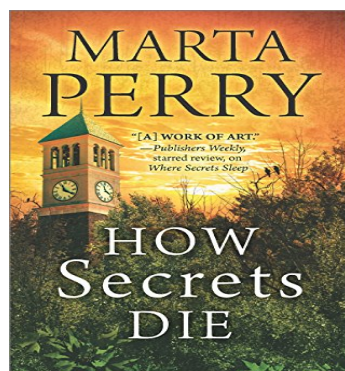
\*FREE gift with purchase\* Learn how to become a person that everyone LOVES to talk to! Imagine trying to live your life without ever speaking to anyone. Crazy, right? How many people do you talk to in a single day? Have you ever left a conversation, only to later realize what you wish you had said? Have you ever talked with someone for hours, only to forget their name later? Have you ever felt like you just aren't cut out to communicate well? The problem with traditional teaching on communication is that it's loaded with long lists of body language meanings, "how-to" tricks for getting your way or making friends, and seems to only cater to "talkative" personalities. The solution is

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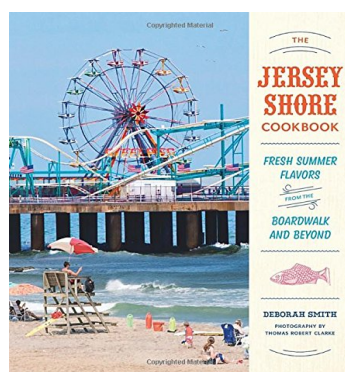
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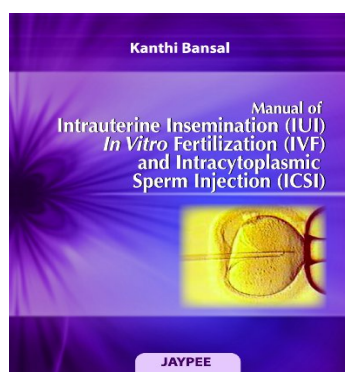
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"The greatest single benefit of conversation is its ability to connect us." Taken from "Clutch Communication. How to Win the Game of Conversation with Anyone, Anytime" is a great reminder of the importance of talking, exchanging of ideas, and being linked to others. Well-written in an easy, engaging manner, Miller not only explains his path of being a better communicator, but also gives concrete examples of what to do and what NOT to do. You can visual the scenarios as you read the chapters. Important topics such as understanding the emotion of group to which you are speaking, body language, asking questions during those awkward silences, making physical contact when appropriate, discussion vs. debating, and grooming are all covered in detail, with best practice examples that anyone can make their own. Great purchase for those who need to polish their communication and interpersonal skills; would make a great gift for a high school or college graduate who wants an advantage in today's competitive world.

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