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Little Volcanoes: Helping Young Children and Their Parents to Deal with Anger



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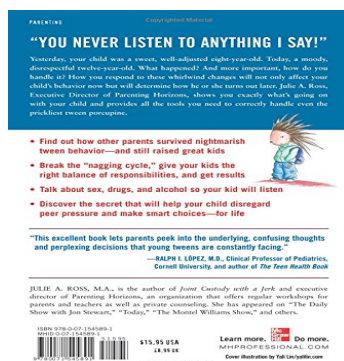
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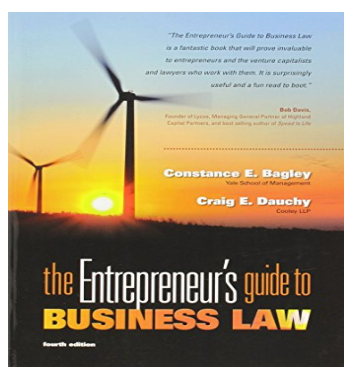
Young children can erupt like little volcanoes when they are feeling angry. It can be overwhelming and difficult to deal with, and can produce angry feelings in the parent or caregiver too. This book is packed with advice and strategies for those working with children under five on how to understand and manage anger in children, and also how to help their parents or caregivers to deal with anger. The authors outline the different reasons children may feel angry so that their emotions can be fully understood, and offer strategies to combat negative feelings and minimize outbursts. These include putting in place behavioural boundaries and helping a child to feel secure. Simple activities and

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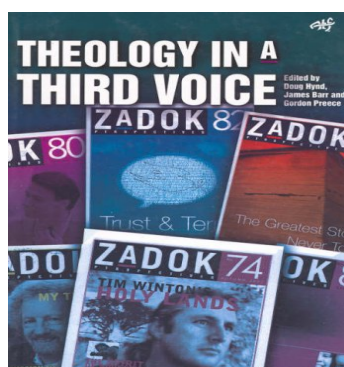
How to Hug a Porcupine: Negotiating the Prickly Points of the Tween Years

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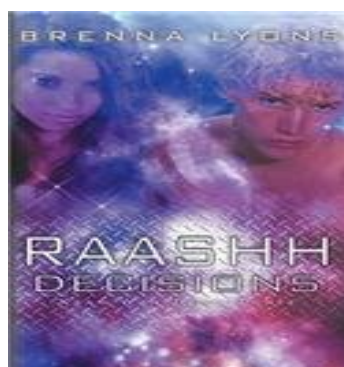
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Suggestions started to help right away. A must read for parents of small children with anger management problems. Get it.

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24 Jan 2017

A_Volcano_In_My_Tummy_pgs_1-40 -

Anger is OK. Parents too feel angry. Every time we express our own anger positively we give our children a lesson in anger management. As parents, we can help our children by learning to understand our own feelings better. ... control , s/he may learn to fear her/his own anger (or teachers, or school, or men). 3. Let her/him ...

My Angry Volcano Downloadable anger management activity: Start ...

My Angry Volcano Downloadable anger management activity: Start with discussion about anger and angry feelings. ... Wheel of choices: how to help your kids express their anger! Free printable coping skills cards are useful for teachers, counselors, or parents wanting to help kids self-regulate their emotions.

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See more ideas about Anger management activities for kids, Volcano ca and Counseling. ... Don't Be an Angry Bird: Anger Management for Kids free PDF download As parents we need to help our children understand their feelings and build social-emotional skills for coping with feelings such as anger in safe ways.

A Volcano in My Tummy: Helping Children to Handle Anger: Eliane ...

A Volcano in My Tummy is about helping 6 to 15 year olds handle their anger so that they can live successfully, healthily, happily and nonviolently, with motivation , without fear and with good relationships. An accessible resource book for teachers, parents and all who care for children, it is full of stories, and easy-to-use ...

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