

This Sweet Place; Island Living and Other Adventures



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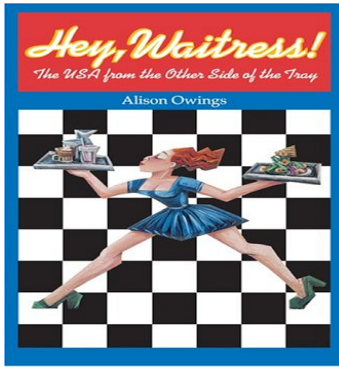
This Sweet Place; Island Living and Other Adventures

This book is for all those who ever dreamed of leaving a hectic life for a semi-tropical island paradise. The author and her husband learn that a retirement to voluntary simplicity on the Bahamian island of Great Exuma - without television, telephones or shopping malls - creates a lifestyle that brings its own sense of adventure and style. Rubbing shoulders with an unusual mix of islanders, tourists, winter residents, VIPs, yachtsmen, and modern-day buccaneers, these intrepid New Yorkers learn to survive boredom, loneliness, homesickness, and the retirement blues. Written in anecdotal style, and illustrated with engaging sketches, THIS SWEET PLACE follows the author's struggles with simple



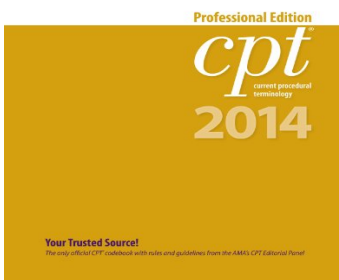
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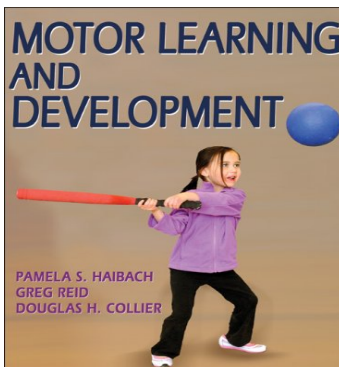
Hey, Waitress!: The USA from the Other Side of the Tray

Most of us have sat across the tray from a waitress, but how many of us know what really is going on from her side? Hey, Waitress! aims to tell us. Containing lively, personal portraits of waitresses from many different walks of life, this book is the first of its kind to show the intimate, illuminating



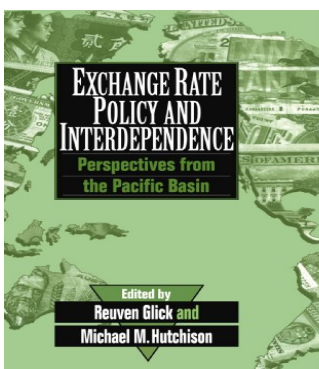
CPT Standard 2010 (Cpt / Current Procedural Terminology) (Standard Edition)

Stay in compliance with code changes each year with the AMA's official coding resource for procedural codes, rules and guidelines- CPT Standard 2010.



Motor Learning and Development

Based on the latest research from the field, Motor Learning and Development explains how motor development affects motor learning and provides a framework for establishing programs that facilitate skill acquisition for all learners. This first-of-its-kind undergraduate text serves as a primary



Exchange Rate Policy and Interdependence: Perspectives from the Pacific Basin

Over the past thirty years the Pacific Basin region has become more integrated with the rest of the world and played an increasingly important role in the world economy. While much has been written on Pacific Basin trade and economic growth, relatively few studies have been published on the conduct

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What others say about this ebook:

Review 1:

Since we have been to Great Exuma over 20 times loved the book and knew some of the people in it. Brought back fond memories

Review 2:

I bought and read this book after a holiday in the Caribbean. I found the book sometimes difficult to follow - the author is not a professional novelist however I also liked the way it is down to earth and describes what real life is in the Caribbean. I felt it was a good complement to my experience as a tourist and to my wish to learn more about the Caribbean islands and their residents.

Review 3:

Humor, insight, compassion, as well as an overwhelming sense of connection to all that is around her are Aileen Vincent-Barwood's trademark. Teamed with her artist husband Allen, she has managed to take the reader on a very real tour of her island paradise, never glossing over the unpleasant aspects that go with all the beauty of tropical island living. One comes away with a better understanding of the people, the history and the future of the Bahamas, as well as a relaxed feeling of having visited This Sweet Place.

Review 4:

In our youth-oriented society -- where anyone over 55 is considered to be "plummeting downhill fast" -- it is refreshing to read about a retired couple who look upon life after 65 as an adventure. The Barwoods refuse to be limited by their age and are determined to keep their minds active and alert by "going adventuring." They've chosen to simplify their lives -- something I'm now trying to do -- and at the same time, make them meaningful by defying the ageism the author believes to be one of the most severe biases in our beauty-crazed, fitness- obsessed, and fear-of-aging society. The book illustrates that these days retirement in America kills more people than hard work! So what to do to avoid boredom and keep keep healthy and well and active? The Barwood's secret is that by "going adventuring" on and around their tropical island they have been able to keep their enthusiasm and passion alive and well. In this marvelous book they have shown us how they and other retirees are doing it and how we "seniors" and those facing retirement in a few years, can do the same... But get this book not just for a new outlook on aging but for its wit and fun and dry humor.

Review 5:

For this reader, This Sweet Place has been a sweet surprise. Few of us who live big-city Bahamas lives are aware of the contributions which expatriate residents make to life on the islands. There are retirees, winter residents and other annual visitors who are an integral part of island life from Bimini to Inagua... It is a total participation in island life which gives Aileen Vincent-Barwood the inspiration for her observations. She has seen Exumians in the good times and the bad. She knows the good guys and the ones to look out for. She has valid experience to back up her perceptions. Every Bahamian with island roots will devour This Sweet Place with gusto. We've all known, at some time or another, every character that appears -- every foible, superstition, accent, "fashion," custom and creed. What's delicious is that they are all -- besides being real -- lovingly drawn and sympathetically observed. The enduring legacy of This Sweet Place will be its value as a chronicle of Bahamian island life in the 1980's and 1990's.

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